

MINI SPA TIN

Soothing Bath Salts _____
Two Chamomile Tea Eye Pads _____
Candles (15-20 minutes burn time each) _____

To use candles: melt a drops of wax into bottle cap to hold candle in place.

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SOOTHING EYE MASK

Steep tea bags in hot water for a few minutes.

Chill in the refrigerator or freezer for 20 minutes.

Place on eyes and relax.

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Add to Warm bath water and relax

BATH SALTS

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